



2501 Bath Road, Bristol, Pa. 19007

btscoffice@comcast.net

BTSC Center hours: Monday, Tuesday, Thursday and Friday, between 8:30 am and 3:30 pm.

215-785-6322

[www.theyounginheart.com](http://www.theyounginheart.com)

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## Weekly Schedule

### Monday:

Billiards – Come down anytime for a great game of billiards

Bingo – 12pm to 2pm – Come join us for a fun game of bingo.

Computer Lab - Computer use will be offered

Line Dancing – 9:45am to 11:15am – Stop by for a simple dance that everyone can do

Needlepoint – 9am to 11am – Come to the center to do some needlepoint, knitting and crocheting. Everyone is welcome

Tai Chi – 2:15pm – Is a low impact exercise that will improve your health

Wood Carving – 9am to 11:30am – Each person works on his or her own project

### Tuesday:

AARP Driving Class- 1 day or 2 day classes available. Please call the center for more information and to register for a class.

Billiards - Come down anytime for a great game of billiards

Computer Lab – Computer use will be offered

Medicare Appraise Counseling – Every other week. Please call the center to make an appointment

Wii Bowling – 10:30am – Come play a game against your friends

Zumba Gold – 2pm – A dance fitness class geared towards seniors taught by Carol Mann

### **Wednesday:**

Bowling at Penndel Lanes – 11am – The cost of \$6.00 for 3 games, \$4.50 for 2 games and \$2.75 for one game. This is a only social, there is no leagues or competition.

### **Thursday:**

Billiards – Come down anytime for a great game of billiards

Computer Lab - Computer use will be offered

Genealogy Class – 12pm to 2pm – The cost is \$40.00

Line Dancing – 9:45am to 11:15am – Stop by for a simple dance that everyone can do

Medicare Appraise Counseling – Every other week. Please call the center to make an appointment

### **Friday:**

Billiards – Come down anytime for a great game of billiards

Bingo – 12pm to 2pm – Come join us for a fun game of bingo.

Board Meeting – 9am – Meeting is held every 1<sup>st</sup> and 3<sup>rd</sup> Friday of the month

Computer Lab - Computer use will be offered

Friday Night Dance Social – 7:30pm to 10:30pm – Different live band every week. \$10 per person includes refreshments

General Membership Meeting – 10:30am – Meeting is every 1<sup>st</sup> and 3<sup>rd</sup> Friday of the month

### **Lunch:**

Lunch is served at 11:15am on Monday, Tuesday, Thursday and Friday.

